



# 2025 PANAM & CANADIAN OPEN: DIVISIONS



## KATA & WEAPONS

Boys -9 yrs	Girls -9yrs	Boys 10-11	Girls 10-11	Boys 12-13	Girls 12-13	Boys 14-15	Girls 14-15	Boys 16-17	Girls 16-17	Men 18+	Women 18+
Traditional Kata	Traditional Kata	Traditional Kata	Traditional Kata	Traditional Kata	Traditional Kata	Traditional Kata	Traditional Kata	Traditional Kata	Traditional Kata	Traditional Kata	Traditional Kata
Classical Kata	Classical Kata	Classical Kata	Classical Kata	Classical Kata	Classical Kata	Classical Kata	Classical Kata	Classical Kata	Classical Kata	Classical Kata	Classical Kata
Traditional Weapons	Traditional Weapons	Traditional Weapons	Traditional Weapons	Traditional Weapons	Traditional Weapons	Traditional Weapons	Traditional Weapons	Traditional Weapons	Traditional Weapons	Traditional Weapons	Traditional Weapons
Creative Weapons	Creative Weapons	Creative Weapons	Creative Weapons	Creative Weapons	Creative Weapons	Creative Weapons	Creative Weapons	Creative Weapons	Creative Weapons	Creative Weapons	Creative Weapons
Open/Music Weapons	Open/Music Weapons	Open/Music Weapons	Open/Music Weapons	Open/Music Weapons	Open/Music Weapons	Open/Music Weapons	Open/Music Weapons	Open/Music Weapons	Open/Music Weapons	Open/Music Weapons	Open/Music Weapons
Open Musical Kata	Open Musical Kata	Open Musical Kata	Open Musical Kata	Open Musical Kata	Open Musical Kata	Open Musical Kata	Open Musical Kata	Open Musical Kata	Open Musical Kata	Open Musical Kata	Open Musical Kata
<b>VETERAN'S</b>											
Men's 35+ Trad Forms	Men's 42+ Trad Forms	Men's 48+ Trad Forms		Women's 35+ Trad Forms	Women's 42+ Trad Forms	Women's 48+ Trad Forms					
Men's 35+ Trad Weapons	Men's 42+ Trad Weapons	Men's 48+ Trad Weapons		Women's 35+ Trad Weapons	Women's 42+ Trad Weapons	Women's 48+ Trad Weapons					
Men's 35+ Creative Weapons	Men's 42+ Creative Weapons	Men's 48+ Creative Weapons		Women's 35+ Creative Weapons	Women's 42+ Creative Weapons	Women's 48+ Creative Weapons					

**Junior Traditional Kata Challenge:** Boys 12 years and Under, Girls 12 years and under, Boys 13-17 and Girls 13-17



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## Under belts: Boys & Girls Separate Divisions

DIVISION	WEAPONS	FORMS	SPARRING
6yrs novice	X	X	X
6yrs advanced	X	X	X
7-8yrs novice	X	X	X
7-8yrs intermediate	X	X	X
7-8yrs advanced	X	X	X
9-10yrs novice	X	X	X
9-10yrs intermediate	X	X	X
9-10yrs advanced	X	X	X
11-12yrs novice	X	X	X
11-12yrs intermediate	X	X	X
11-12yrs advanced	X	X	X
13-14yrs novice	X	X	X
13-14yrs intermediate	X	X	X
13-14yrs advanced	X	X	X
15-17yrs novice	X	X	X
15-17yrs intermediate	X	X	X
15-17yrs advanced	X	X	X
Men 18yrs+novice	X	X	X
Men 18yrs+advanced	X	X	X
Men 35yrs+novice	X	X	X
Men 35yrs+advanced	X	X	X
Women 18yrs+novice	X	X	X
Women 18yrs+advanced	X	X	X
Women 35yrs+novice	X	X	X
Women 35yrs+advanced	X	X	X



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## SPARRING:

Boys -9 yrs	Girls -9yrs	Boys 10-11	Girls 10-11	Boys 12-13	Girls 12-13	Boys 14-15	Girls 14-15	Boys 16-17	Girls 16-17	Men 18+	Women 18+	Men 35+	Women 35+	Men 42+	Women 42+	Men 48+	Women 48+
-30kg	-30kg	-40kg	-40kg	-45kg	-45kg	-55kg	-50kg	-65kg	-55kg	-65kg	-55kg	-85kg	-70kg	-85kg	-70kg	-85kg	-70kg
+30kg	+30kg	-50kg	-50kg	-55kg	-55kg	-65kg	-60kg	-75kg	-65kg	-75kg	-65kg	+85kg	+70kg	+85kg	+70kg	+85kg	+70kg
		+50kg	+50kg	+55kg	+55kg	+65kg	+60kg	+75kg	+65kg	-85kg	+65kg						
										+85kg							
Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight	Open Weight
Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team	Tag Team